

Please join... Jeffrey Armstrong /Kavindra Rishi
& friends for some lively and informative
listening and chanting evenings.

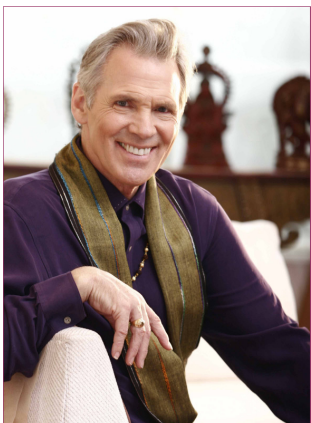
Invite your friends to the NEW summer format - more play - more chanting - more personal Questions and Answers!

Before we get back into the formal Fall schedule we thought it would be great fun to play a bit more this summer! So these summer topics are relevant to everyone and the evenings are designed to invite MORE interaction, MORE chanting and just MORE playful learning. Bring yourselves and your great questions - the Vedas have solutions - ask the "Vedic Answer-Man" Jeffrey Armstrong, Wednesdays 7 pm - 9:30 pm.

- July 8** Summer Chant Celebrating the GURU with Guest Musicians Freedom & Leela
- July 15** VANI VOCAB Class - Sanskrit for Every Yogi
- July 22** A Change of Heart - Bring an Open Heart
- July 29** Medi-TATE or Medi-CATE
- Aug 5** Death & Dying - The Illusions of Life
- Aug 12** Altar Your Consciousness
- Aug 19** Goodbye Judgment - Hello Discernment
- Aug 26** Goodbye, Lust, Anger and Greed - Hello, Happiness



Summer
Listening
Some
are not



Featuring
CHANTING with Pete McCormack

WHERE: VASA - Vedic Academy of Sciences & Arts
6300 Danube Rd, Richmond BC
7 PM Dinner included
7:30 Program Begins (45 minute intro and then the evening is open for Q & A and Kirtan (chanting) Bring instruments if you like!
COST: \$20 RSVP Requested by Tues. NOON 604-275-6567

