

VASA, Vedic Academy of Sciences & Arts  
is pleased to sponsor a lecture series on

Whether you are a student, teacher of yoga,  
or a busy executive, please join us...

## EVERYONE WELCOME:

Satsang, Mantras & Meditations presented by one of  
N. America's leading teachers on Yoga Philosophy.

# THE OCEAN *of* DEVOTION

## EXPLORE THE DEEP WATERS OF BHAKTI YOGA

*Dive into the Healing Waters of Love  
& Heal a Broken Heart*

with **Jeffrey Armstrong Kavindra Rishi**

*Bhakti Movements* have continuously swept India throughout its history. Devotees spread *bhakti* through poetry and music expressing their devotion to the Divine - it has always been the creative pop culture of the times. Devotional meditation or *Bhakti* yoga is the process of perfecting our spiritual life though pure loving emotions which then overflow into all our relationships.

This path of yogic connection is characterized by intense emotion, complete devotion and surrender to the Divines - **come taste the sweetness of Divine LOVE!**

Jeffrey will present the teachings  
of some of the most famous Bhakti  
teachers of India.



## March 3 - May12 THE OCEAN *of* DEVOTION A SERIES *of* 9 CLASSES

ONGOING WEDNESDAYS

*Featuring*

*Pete McCormack on Guitar and Chanting*

DROP-IN GUEST MUSICIANS & POETS

**WHERE:** 6300 Danube Rd, Richmond BC  
(#2 Rd - South of Blundell)  
**ARRIVE:** 7 pm refreshments  
**CLASS:** 7:30 - 9:30 pm  
**COST:** \$20 per class (includes chai tea & desserts)  
**REGISTER:** 604-275-6567

Casual "drop-ins" are welcome. Please RSVP  
so that we have enough refreshments for everyone.

*Jeffrey weaves the fine threads of yogic knowledge and devotional wisdom together in an unforgettable and life-altering way. As a bridge between East and West, Jeffrey has the unique ability to elucidate how those living in the West can apply Eastern knowledge and philosophy to their modern lives. With a teaching style that is engaging and humorous, Jeffrey delivers complex spiritual knowledge with surgical precision and clarity. In every class he generously reveals subtle layers of meaning from the vast wealth of Vedic wisdom. This knowledge will deeply touch your heart and stimulate your mind and heart to stretch wide open."* **Richelle Jarrell - Author, teacher and student.**

*"Thank you so much for making this knowledge so accessible and relevant to life today. Not only did this seminar deepen my spiritual practice and Ashtanga yoga practice, but it also gave me powerful insights on how to run a more successful, ethical, creative and sustainable business."* **Samantha Reynolds - CEO Echo Memoirs**

*"An extremely concise and transformative delivery of essential ancient wisdom and technology. Very, very uplifting."* **Max Tomaszewski - CEO Omadon Group**



**CAR-MA Yoga ~ Listening to Vedic knowledge as you drive to work in your car each day!** ~ Jeffrey Armstrong

If you can not attend these classes in person...they are available on learning CDs & MP3. We can add you to a convenient weekly "auto ship program" so you can benefit on a regular basis.

**TO ORDER CALL 1-866-872-6224**