

Sponsored by VASA Vedic Academy of Sciences & Arts

# PARAMA HAMSA YOGA

## THE SWAN SONG OF THE SOUL

How to Live a Spiritual Life in a Troubled World

Presented by Jeffrey Armstrong (Kavindra Rishi)  
and Featuring Pete McCormack on Guitar and Chanting.

A Special Series of 6 Summer classes  
Consecutive Wednesdays starting May 27 - July 1

**WHERE:** 6300 Danube Rd, Richmond BC. (#2 Rd - South of Blundell)  
**ARRIVE:** 7 pm if you plan to eat  
**CLASS:** 7:30 - 9:30 pm  
**COST:** \$20 per class (includes soup, chai tea & desserts)  
**REGISTER:** 604-275-6567

Casual "drop-ins" are welcome. Please RSVP so that we have enough food for everyone.



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