

Mystical Poet

KAVINDRA ~ JEFFREY ARMSTRONG

A Western Master of Eastern Wisdom
Motivational Speaker and Spiritual Teacher
Founder of VASA Vedic Academy of Science & Arts

“Poetry stretches language to its very limits – providing us with a glimpse of something beyond discourse, a taste of transcendence perhaps.” Kavindra

Kavindra has been writing poetry since he was 13 and to date he has a collection of over 1,400 poems on various subjects in many different styles. These particular poems literally “drop down” within a few minutes... he hardly can write as fast as they come out. They usually require no editing other than spelling and are truly a gift from the Divine!

In 1969, after five years at university studying English Literature and Creative Writing with an emphasis in poetry, Kavindra was introduced to the Vedic knowledge, the universal wisdom for which his heart truly longed. Initiated into a traditional Vedic lineage, Kavindra spent the next five years as a brahmacharya (monk), serving in his guru's ashrams while absorbing the wisdom contained in the sacred scriptures of India. Inspired by this new knowledge his life and his poetry took on an entirely new expression.

His recent book, *The Night We First Met – A Mystic Journey* is written in the tradition of Tagore, Kalidas, Blake, Mirabai, Rumi, Aurobindo, Shelly, Hafiz, Keats, Tulsidas, and Gibran - all the great romantic and mystic poets whose words touch our souls. Inspired by a forty year journey of studying the Vedas and the Bhakti and Tantric schools of mystical poetry, Kavindra's poems reproduce subtle states of spiritual perception with a voice that longs for intimacy with the Divine Beloved. Revealed to him during profound states of meditation, his words are windows into the Divine realms that guide the listener directly into the ecstatic emotional states of spiritual bliss.

The Night We First Met - A Mystic Journey (VASA Publishing 2006), was a **Finalist** in the poetry category of the **National Indie Excellence Awards 2007**.

- In 2006, a CD of love songs was released by composer and singer **Thomas Barquee** using Jeffrey's lyrics.
- **Coming Fall 2007:** Kavindra's inspiring mystical poetry, spoken by the author himself, accompanied by the sublime musical compositions of award-winning musician and producer **Patrick Bernard**.
- Kavindra is currently working on a series of six books entitled *Love Letters*.
- LISTEN to Kavindra's Poetry at www.JeffreyArmstrong.com

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Poetry Chap Books by Jeffrey Armstrong

- Dreaming the Countless Worlds
- Swept Away, Meditations on Divine Love Volume 1
- Secrets of Delight, Meditations on Divine Love Volume 2
- Sandhya the Twilight of Love, Meditations on Divine Love Volume 3
- Swan of Endless Love
- Heart of the Night
- This Way Never Lies
- Visions From the Fire
- Black Light of the Goddess
- The Mountain Climbed Me Up
- Smile When You've Had Enough

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